

Medicine at Work

Executive & Key Person Health Checks

Our comprehensive health checks :

- include a medical consultation which allows a full discussion of any health problem or concern, a comprehensive clinical examination, and further investigations which include full blood profiles (including a blood cholesterol profile, tests of liver, renal & thyroid function, for diabetes & inflammatory disease, and a detailed analysis of the blood cells & blood proteins), a resting electrocardiograph, lung function tests, and a urine analysis.
- female members of staff may be seen by a female medical practitioner with an interest in women's health problems who would be pleased to carry out a gynaecological check and a cervical smear test.
- a prostate health check: a clinical examination supported by a prostate specific antigen (PSA) blood test, is offered to men over 40 years of age and to those with any relevant symptoms or family history.
- each health check usually lasts one hour and is arranged, as far as possible, at a time to suit the timetable of the member of staff.
- each member of staff receives, after the examination, a written report and a detailed explanation of the results obtained, which is sent in confidence to their home address. If agreed, a copy of this report may be sent to the member of staff's own medical practitioner.
- a keen interest is taken in the subsequent progress of each patient seen, and follow-up consultations may be arranged if appropriate, but full details of any adverse findings would usually be reported to the patient's own medical practitioner who would be expected to be responsible for any further investigations, management and care.
- if appropriate, however, any specialist consultations or investigations which appear to be necessary could be advised and arranged.
- we suggest that these health checks should be repeated at intervals according to age (over 50: annually; 40 - 50: every 2 years; under 40: every 3 years), but also to reflect each patient's medical needs and their clinical circumstances.